

A SEASON — OF — PRAYER

Devote yourselves to prayer, being watchful and thankful. Col.4.2

Seagoe and Ardmore Parishes are offering people the opportunity to come together in prayer using a variety of different opportunities over this fortnight Sunday 15th-Sunday 29th November.

In addition to people's regular prayer times we are encouraging one another to engage with some, or all of the following opportunities:

1. Committing to an additional hour of prayer on as many days as they like. To help you remember you can sign up on our Prayer Room at: www.24-7prayer.com/emailredirect/93fb39474c51b8a82a68413e2a5ae17a
2. Guided 10min prayer sessions will be posted each day at 10am on www.facebook.com/seagoeparish
3. Zoom prayer sessions will be held on Monday 16th and 23rd from 8-8.45pm <https://zoom.us/j/6169414729?pwd=UTFJNGdIRW1YZHA3M0V3Q3d4cG9NQQT09> Password: Seagoe
4. A Prayer Gathering will be held in the Church on Wednesday 25th from 8-9pm
5. The Quiet Room in the Parish Centre can be booked for 30min slots on Friday 20th between 9am & 9pm.

1

AT HOME

Daily
24-7 Prayer Room

2

FACEBOOK

Daily 10mins
10am

3

ZOOM PRAYER

Monday
8-8.45pm

4

CHURCH

Wednesday 25th
8-9pm

5

QUIET ROOM

Friday 20th
9am-9pm

Fortnight of Prayer
15th-29th November
prayer

Then you will call upon me
and come and pray to me,
and I will hear you.
Jeremiah 29:12



When you pray at home it might be helpful to find a quiet place where you will not be disturbed. Using the same space each day can also be helpful. Having a Bible and a notebook is often useful so you can read, pray and jot down any prayer requests or thoughts. Some people like to light a candle or focus on a cross as they prepare to pray and some like to gather other items that prompt their prayers. Focusing on God and allowing out bodies

As you begin your time of prayer ask God to cleanse you and by His Holy Spirit to guide you in your time with Him. Do not rush into prayer, 'Be still and know that I am God'.



Suggested pattern for prayer:

As the Holy Spirit guides you you may like to include some of the following:

Adoration of God and thanksgiving for all that He is and does both for you and for other. Reading some scripture can be helpful and being specific in thanksgiving.

Confession of sin (self reliance, neglecting to live as He desires, and wrong doing. Not only personal sin, but the sin around about us, in our country, and wider afield.

Thanksgiving for all the blessing of life. Personal, family, Church, the nation, the world.

Supplication or intercessions/requests. There is so much to pray about in bringing the needs of the world before God. The World-wide Covid pandemic, the Church's witness and outreach, those facing difficult times, the sick, children and young people at school, College and university, the unemployed, the fearful, world leaders including our own local leaders, and so the list



The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name.
Thy Kingdom come,
thy will be done,
on earth as it is in heaven
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass
against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory.
for ever and ever.
Amen

DO NOT BE ANXIOUS ABOUT
ANYTHING, BUT IN EVERY
SITUATION, BY PRAYER AND
PETITION, WITH
THANKSGIVING, PRESENT
YOUR REQUESTS TO GOD.

Philippians 4:6

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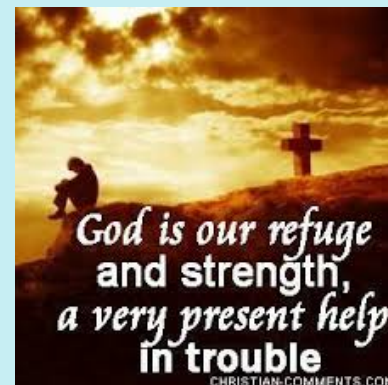
PRAYER POINTS

- Protection against COVID for Judith and her family
- Prayers that side affects of treatment will be minimal
- Prayers for easing pain and good nights sleep
- Prayers for Doctor's and. Nurses who will care for her
- Prayers for strength for each day
- Prayer for healing



JUDITH GIVAN

Whilst we encourage you to pray for all who are ill at this time, particular prayer is requested for Judith Givan. Judith has esophageal cancer and is currently undergoing Chemotherapy. Please also pray for Judith's sons Harry and Matthew, and for her wider family.



COVID 19

Please pray for:

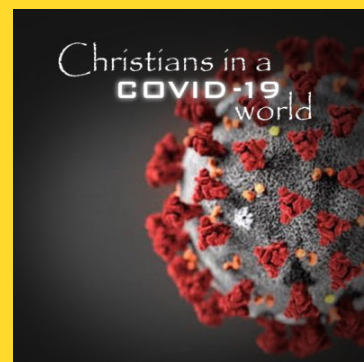
God's protection and healing for all with, and susceptible to Covid.

NHS staff and all others who care of sufferers in hospital and as home.

Those involved in research, vaccine production and distribution.

God's direct intervention to bring the world-wide pandemic to and end.

Those who are fearful of the illness, those who are lonely and isolated, those whose livelihoods are threatened, world leaders as they make difficult decisions to balance so many aspects of the pandemic.



PRAYER POINTS FOR RWANDA

- Protection against COVID
- Pray for food and water being available as parent and caregivers have lost jobs
- As schools have been closed pray for the children of Zion Education as they have lost out on learning and spending time with friends and also the teachers.
- Prayers for Bishop Jered and his church leaders/Pastor's
- Prayers for protection, strength and hope for each day



THE PARISH

God's blessing upon all in our Parish.

God's direction for the Clergy and Select Vestry all leaders of our organisations in making Him known.

Those who attend our services and for those who cannot at the moment.

The Vestry in considering the refurbishment of the Church interior.

The needs of all age ranges to be met.

More people to trust in Jesus for salvation and to live Godly lives.

Prayer of St. Richard

Thanks be to You, my Lord,
Jesus Christ,
For all the benefits that
You have given me;
For all the pains and insults
You have borne for me.

O, most merciful redeemer,
friend and brother,
May I know You more clearly;
Love You more dearly;
And follow You more nearly.

---St. Richard
(last words on his deathbed)

For family and friends

Heavenly Father,
watch over those we love.
Remove all anxious fears from them.
Teach us to know that you are always near,
and that we are one in you for ever;
through Jesus Christ our Lord.

**Lord Jesus Christ,
Son of God,
have mercy on me, a sinner.**

For doctors, nurses and all who share in healing

Almighty God,
we pray you to continue Christ's healing work
in our hospitals and our homes.
Give skill, understanding and sympathy
to all who minister to the sick,
and strengthen them in their work of mercy.

For doctors, nurses and all who share in healing

Almighty God,
we pray you to continue Christ's healing work
in our hospitals and our homes.
Give skill, understanding and sympathy
to all who minister to the sick.

A prayer for the evening

Be with us, merciful God, and protect us
through the silent hours of this night,
that we who are wearied
by the changes and chances of this fleeting world

Confession

Heavenly Father,
we have sinned against you and against our
neighbour in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault;
by what we have done
and by what we have failed to do.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ who died for
us, forgive us all that is past;
and grant that we may serve you in newness of life
to the glory of your name. Amen.

Go before us, Lord, in all our doings,
with your most gracious favour,
and further us with your continual help;
that in all our works begun, continued and ended in you,
we may glorify your holy name,
and finally by your mercy attain everlasting life;
through Jesus Christ our Lord. Amen.

God said,
"I will be
with you."

- EXODUS 3:12 -

I took my troubles
to the Lord: I cried
out to him, and he
answered my prayer

Psalm 120:1

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